

Oral Posturing

- The shape the mouth and vocal tract morph into in order to 'house' a dialect or accent; "home base"

Oral Posture 1:

- Jaw: doesn't open very wide
- Lips: relaxed!
- Tongue: cupped, sits wide on the bottom of the mouth
- Image/Food Item: Werther's Original on the tongue that's mostly dissolved

Oral Posture 2:

- Jaw: a nice 'medium' open possibility
- Lips: a bit of tension to 'pin' them, holding the mouth more closed than open
- Tongue: cupping in the middle, lots of flexibility with the tip of the tongue
- Soft Palate: a bit raised
- Food: something sloshy (liquid) in your mouth

Oral Posture 3:

- Jaw: more close, doesn't open much
- Lips: very relaxed, immobile upper lip
- Tongue: cupping in the middle and back with some rigid tongue tip articulation
- Soft Palate: Lowered
- Image/Food: a bite of white bread stuck to roof of mouth

Oral Posture 4:

- Jaw held rather close
- Lips: lip corners are rather immobile, body of lips can bounce around
- Tongue: Cupped
- Soft Palate: Raised
- Image/Food: cup of tea with steam rising to the roof the mouth
- THINK: More work with the TIP OF THE TONGUE, less work with the lips and the jaw